GLENCOE PRIMARY SCHOOL

An Independent Public School





GLENCOE RUNNERS' CLUB

Dear Parents/Carers,

On Wednesdays and Fridays (weather permitting) students from Kindergarten to Year 6 are invited to participate in our Runners' Club. Parents, carers, and grandparents are all welcome.

We run for fun in a positive and supportive environment and new members are always welcome! All participants are asked to meet in the Assembly Undercover area near D Block at 7:55am. The first run will be in week two , on Wednesday the 8th of February 2023.

We start with group stretches before heading off at your own pace; walk, jog, sprint or any combination, over the set course aiming to complete from 1km to a maximum of 4km. Each day distances and running totals will be entered on individual colour coded cards.

The course is within the perimeter of the school, mainly the two ovals and children will be supervised by Mr Ellard.

The aim of the Runners' Club is to develop your fitness, have fun and hopefully reach 100kms over the year.

Hope to see you there.

Mr Ellard		
Please complete the permission form below if your child wishes to join our Runners' Club.		
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I give my child	who is in Year	Class
permission to take part in the Glencoe Primary School Runners' Club for 2023.		
Parent/Carer Name	Contact Number	